THOUGHTS TO PONDER(OSA)

A. PLEASE HELP ME.....

1. To accept others as they are --- Not wish for perfection always;
2. To recognize ability --- And encourage it;
3. To understand shortcomings --- And make allowances for them;
4. To work patiently for improvement --- And not expect too much too quickly;
5. To appreciate what people do right --- Not just criticize what they do wrong;
6. To be slow to anger --- And hard to discourage;
7. To have the hide of an elephant --- And the patience of Job;
8. In short --- Help me to be a better firefighter

B. A FIREFIGHTERS FIVE LEVELS OF SELF-MOTIVATION:

1. **Level One**: Physiological- The basic human needs like hunger and thirst
2. **Level Two**: Safety and Security- Proper training and procedures
3. **Level Three**: Acceptance and Appreciation- The desire to be accepted and appreciated
4. **Level Four**: Self-Esteem- Being looked-up to by your peers
5. **Level Five**: Self Actualization- Self-development including Doing everything you're capable of doing, Self-control, Voluntary compliance, State of readiness, Meeting and achieving goals, Judgment, Internal values, and Self-sacrifice

C. PROCEDURES TO FOLLOW:

1. If firefighters live with criticism, they learn to **condemn**
   **CONDEMNATION DISCOURAGES**

2. If firefighters live with hostility, they learn to **fight**
   **FIGHTING SLOWS THE TASK**

3. If firefighters live with tolerance, they learn to be **patient**
   **PATIENCE PROMOTES COOPERATION**

4. If firefighters live with encouragement, they learn **confidence**
   **CONFIDENCE LEADS TO PERFECTION**

5. If firefighters live with praise, they learn to **appreciate**
   **APPRECIATION NURTURES TEAMWORK**

6. If firefighters live with acceptance and friendship,
   **THEY TAKE PRIDE IN THEIR WORK!**